

# Registration Form

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Which race(s) will you participate in?:

1-Mile Fun Run Age 13+ (\$25 @ 8am)

1-Mile Fun Run Age 12 & under (\$15 @ 8am)

5k Age 13+ (\$25 @ 8:30 am)

5k Age 12 and under (\$15 @ 8:30 am)

**DEADLINE FOR T-SHIRT IS SEPTEMBER 8TH**

All sizes \$10

I do not want a shirt

Size?: YS YM YL S M L XL XXL XXXL

**Signature (Parent if under 18):** \_\_\_\_\_ **Date:** \_\_\_\_\_

Mail this form to:

213 St. Mary Street Suite 80

Thibodaux, LA 70302

(Make checks payable to Femmes Natales)

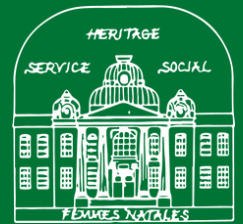


Online Registration

In consideration of my accepting the entry, I, the undersigned, intend to be legally bound for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Femmes Natales, City of Thibodaux, Lafourche Parish, and any other sponsors and/or those affiliated with this race, their representatives, and successors from all claims or liabilities of any kind arising out of my participation in this event. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. I grant full permission to any and all foregoing to use photos, videos, or recordings or any other record of the event for any purpose.



LEARN  
MORE



## About Femmes Natales

Femmes Natales is a non-profit organization that began in 1980 by a group of compassionate female friends who started a legacy of honoring Thibodaux's gifts of **HERITAGE, SOCIAL, & SERVICE.**

Each year, the organization's members give Thibodaux families and groups over 90% of the profits made from fundraising events like this runabout, among others.



Visit Our Website  
[femmesnatales.org](http://femmesnatales.org)



Contact Us  
[femmesnatales@gmail.com](mailto:femmesnatales@gmail.com)



# Femmes Natales Runabout

Saturday, Sept. 30th 2023

PROCEEDS BENEFIT  
**KATHERINE WEIMER**

# The Stress of ALS Katherine Weimer's Story

Katherine "Kathy" Weimer was born and raised in Thibodaux, La. Kathy is married to Phillip Weimer, of Raceland, La. Together they have enjoyed 35 years of marriage and welcomed the greatest blessing – their 3 children and 2 grandchildren. Kathy is a 1985 graduate of E.D. White; following high school, she pursued her love for teaching and graduated from Nicholls State University. Mrs. Weimer taught kindergarten and 1 st grade for 25 years.

What started out as presumably a nagging sinus infection, led to a continued experience of slow decline in health. God gave her the strength and endurance to continue teaching. Although she feared judgement from her students/parents, she was instead supported by her school family, students and their caregivers, who recognized that she was 'still, Mrs. Weimer': their loving teacher who they trusted would instill life lessons, educate, and protect them. But in February 2023, she was forced into retirement due to persistent health ailments.

An answer the cause of Kathy's medical experiences was a long and arduous process taking over 4 years and more than 55 tests. She advocated for her care and 8 months after retirement, it was determined the definitive and heart-wrenching diagnosis – ALS (or amyotrophic lateral sclerosis; Also called Lou Gehrig's disease).

As a specialist out of New Orleans delivered the life changing news, Kathy's immediate response was to think of how this was going to affect her family, friends, and loved ones. Their well-being was more important to Kathy than the feelings related to her prognosis. However, she has persevered through these fears by reminding herself that God is in control.

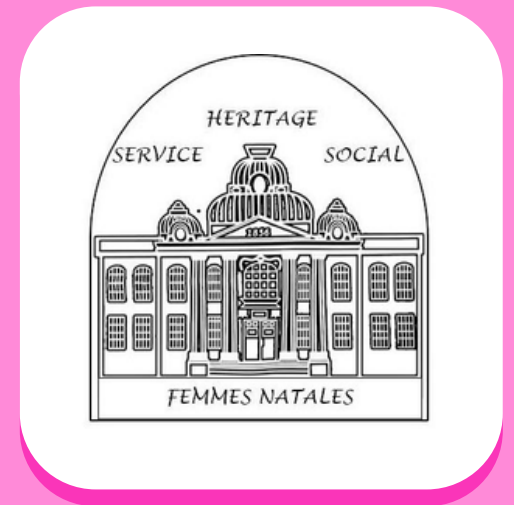
As for the Weimer family, they have vowed to forge ahead through love, laughter, and tears. Kathy says she's come closer to her relationship with God and has prepared herself, with His power and guidance, towards acceptance. Kathy says, "We can all choose how we will walk the pathway before us. Move forward with faith, courage and strength... and walk with God."

Kathy has a passion for agriculture and bringing 4-H and Ag experiences into her classrooms. She enjoyed hobbies such as fishing, camping, caring for her farm animals, repurposing, and refinishing old furniture, traveling, and spending time with family and friends.

The organization of Femmes Natales welcomes you to support Mrs. Katherine Weimer as this year's 44th Runabout recipient. Please mark your calendars for September 30th , 2023 for a day of celebrating Kathy through running (walking or watching), food, drinks, music and more. Your contribution to this cause is sincerely appreciated.



*Katherine Weimer*



**One Donation.  
Massive Impact.**

Your donation means  
more than you know



**PayPal**

[femmesnatales.org](https://femmesnatales.org)